

EXTRA-CURRICULAR ACTIVITIES

2023-2024





EXTRA-CURRICULAR TIMETABLES

- Early Years
- Primary
- Secondary



SPORTS

Swimming, multisport, football, martial arts, basketball, roller skating, taekwondo, volley, rhythmic gymnastics



DANCE

Ballet, creative dance, modern dances, music and movement, urban dance, contemporary dance, classic dance, jazz



ART & THEATER

Theatre, art project, music and movement, school choir, art & design, comic corner, sweet home, little journalist



TECHNOLOGY AND ROBOTICS

Robotics. computer code and virtual reality



LANGUAGE SCHOOL

KEY INFORMATION

- Extra-curricular activities will run from 4 October 2023 to 18 June 2024
- Register can be done annually or per term.
- All extra-curricular activities will follow the school calendar (no activities during school holidays).
- Activities will still take place during Ski week, cultural trips and overnight school outings.
- Payment for extra-curricular activities is made quarterly (November, February and May). Once the term has begun, the fee will not be refunded if your child withdraws.
- Payment for swimming activities will be made in October, January and April.
- If a student enrolls in the middle of the month, the entire month will be charged.
- Students are entitled to a one-day trial of the activity.
- In case of absence or withdrawing from the program, please contact extraescolares@hamelinschool.com
- Please make sure students bring the appropriate equipment and clothing for their activity
- On rainy days, outdoor activities will be relocated to covered areas.
- Music and language classes will only be made up if the teacher is absent.
- During music auditions, all the activities will be suspended.
- Students who register for dance, rhythmic gymnastics or roller skating will take
 part in the end of the year festival. Attendance is compulsory at dress rehearsal
 and participation will incur a costume fee, otherwise they will not be able to be in
 the festival.

TIMETABLES

EARLY YEARS

P3 - P4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	Swimming (P3)		Swimming (P4)	
13:15 - 14:15	Theatre	Ballet (Beginner)	Theatre	Ballet (Beginner)
13.13 - 14.13	Kumon	Music and movement	Kumon	Music and movement
	Football Mini	Creative Dance	Football Mini	Creative Dance
17:15 - 18:15	Sweet Home	Sweet Home	Sweet Home	Sweet Home
	Multisports	Art Project	Multisports	Art Project

P5

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	Swimming			
	Modern Dance	Rhythmic	Modern Dance	Rhythmic
13:15 - 14:15	Kumon	Manutial Auto	Kumon	Na mial Ama
	Ballet 1	Martial Arts	Ballet 1	Martial Arts
	Multisports	Art Project	Multisports	Art Project
17:15 - 18:15	Football mini	Sweet Home	Football mini	Sweet Home
17.13 - 16.13	Ballet 1	Roller Skating	Ballet 1	Roller Skating
	Basketball Mini	Theatre	Basketball Mini	Theatre

PRIMARY

1ST AND 2ND GRADE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Language School				
	Little Journalist				
14:00 - 15:00	Kumon (30min)				
	Theatre				
	Modern Dance				
	Swimming				
	Rhythmic	Roller Skating	Rhythmic	Roller Skating	
	Ballet 2	Basketball Advanced	Ballet 2	Basketball Advanced	
	School Choir	Urban Dance	School Choir	Urban Dance	
17:15 - 18:15	Basketball Advanced / Basketball	Taekwondo	Basketball	Taekwondo	Football Benjamin & Pre
17.13 10.13	Jazz	Theatre	Jazz	Theatre	Benjamin (17:30 a 18:45)
	Language School	Language School	Language School	Language School	
	Football Pre-benjamin (1st Grade)		Football Pre-benjamin (1st Grade)	*Kumon (17:00 - 17:30)	
		Robotics			
17:15 - 18:30		Football Benjamin (2nd Grade)		Football Benjamin (2nd Grade)	

3RD AND 4TH GRADE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Language School			
		Little journalist			
14:00 - 15:00		*Kumon (30 mins)			
14.00 - 15.00		Theatre			
		Modern Dance			
		Swimming			
	Rhythmic	Basketball Advanced	Rhythmic	Basketball Advanced	
	School Choir	Urban Dance	School Choir	Urban Dance	
	Ballet Consolidation 1	Taekwondo	Ballet Consolidation 1	Taekwondo	
	Volleyball	Theatre	Volleyball	Theatre	
17:15 - 18:15	Basketball Advanced / Basketball	Roller Skating	Basketball	Roller Skating	
	Jazz		Jazz	*Kumon (17:00 - 17:30)	
	Language School	Language School	Language School	Language School	
		Football Benjamin		Football Benjamin	
17:15 - 18:30		Robotics 2	Comic Corner		Football Benjamin 17:30 - 18:45
17:15 - 18:45		Contemporary Dance		Contemporary Dance	
18:15 - 19:00		Roller Skating Competition		Roller Skating Competition	

PRIMARY

5TH AND 6H GRADE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Language School		
			Journalist		
14:00 - 15:00			*Kumon (30 mins)		
			Theatre		
			Modern Dance		
			Swimming		
	Ballet Consolidation 2	Basketball Advanced	Ballet Consolidation 2	Basketball Advanced	Choreography (only students in consolidation 2)
	School Choir	Urban Dance	School Choir	Urban Dance	
17:15 - 18:15		Taekwondo		Taekwondo	
	Volleyball	Theatre	Volleyball	Theatre	
	Language School	Language School	Language School	Language School	
	Basketball Advanced /	Roller Skating	De el cette el l	Roller Skating	
	Basketball		Basketball	*Kumon (17:00 - 17:30)	
17:15 - 18:30		Anime - Art and Design			
17.15 - 18.30		Football Alevin	Robotics & Programming	Football Alevin	
17:15 - 18:45		Contemporary Dance		Contemporary Dance	Football Alevin 17:30 - 18:45
18:15 - 19:15	Jazz	Roller Skating Competition	Jazz	Roller Skating Competition	
18:15 - 19:45	Classic Dance		Classic Dance		Classic Dance 18:30 - 20:00
18:45 - 20:15		Tips & Repertoire (only students in consolidation 2)		Tips & Repertoire (only students in consolidation 2)	

SECONDARY

1ST OF ESO - 4TH OF ESO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
17:15 - 18:15	Volleyball	Basketball	Volleyball	Basketball	Football Infantil 16:15 - 17:30
17.13 16.13	Language School	Language School	Language School	Language School	
17:15 - 18:45	Art & Design	Contemporary Dance	Programming & Virtual Reality	Contemporary Dance	
18:15 - 19:15	Jazz	Taekwondo	Jazz	Taekwondo	
18:15 - 19:45	Classic Dance	Roller Skating Competition (18:15 -19:00)	Classic Dance	Roller Skating Competition (18:15 -19:00)	
18:30 - 20:00		Football Infantil		Football Infantil	Classic Dance
18:45 - 20:15		Tips & Repertoire (only students in consolidation 2)		Tips & Repertoire (only students in consolidation 2)	



Swimming, multisport, football, martial arts, basketball, gymnastics, roller skating, taekwondo, volley.

FOOTBALL

C.E HAMELIN-LAIE FOOTBALL PROGRAMME:

Our football program is led by a professional staff. Students will be immersed in a learning process by evaluable objectives.

We ensure fun learning contexts so that students enjoy learning the specific fundamentals that the practice of football requires.

In addition, we will reinforce and accompany them in the discovery of the values that appear in sport and that are transferable to the social sphere of each one.



SCHEDULES AND FEES

MINI FOOTBALL (P3 - P5)

• Monday and Wednesday from 17:15 - 18:15

PRE BENJAMIN FCF-L.E (1ST TO 4TH Grade)

- Monday and Wednesday from 17:15 18:15
- Friday from 17:30 18:45

BENJAMIN FCF-L.E (1st TO 4th Grade)

- Tuesday and Thursday from 17:15 18:30
- Friday from 17:30 18:45

ALEVIN FCF-L.E (5th & 6th Grade)

- Tuesday and Thursday from 17:15 18h30
- Friday from 17:15 18:30

INFANTIL FCF (1st to 2nd ESO)

- Tuesday and Thursday from 18:30 20:00
- Friday from 16:15 17:30

FEES

Football mini: 160€/term Pre-Benjamin: 215/term Benjamin: 215€/term Alevin: 250€/term Infantil: 250€/term

FOR MORE INFORMATION:

Joan Torres Sports Coordinator joan.torres@hamelinschool.com



BASKETBALL

Basketball is a fun and dynamic sport, which encourages teamwork and has great benefits both physical and emotional.

This year we offer two basketball programs:

- The Advanced program consists of three training sessions per week and games on the weekend.
- Basketball and mini Basketball: 2 training sessions per week with no games and no federation card.

SCHEDULES AND FEES

Mini Basket (P5) and Basketball (Primary and Secondary):

Monday and Wednesday from 17:15 - 18:15

Basketball Advanced (Primary & Secondary) Monday, Tuesday and Thursday from 17:15 - 18:15

OUARTERLY FEE

Mini Basket and Basketball : 160€ Basketball Advanced: 215€ (* Federative fee not included)

MANDATORY EQUIPMENT Sportswear



TAEKWONDO

The Taekwondo is a martial art of combate, which offers a very complete training, both physically and mentally.

This sport teaches them discipline and encourages self-control.

SCHEDULES AND FEES

P5 to 6th Grade

Tuesday and Thursday from 17:15 - 18:15

Secondary

Tuesday and Thursday from 18:15 - 19:15

QUARTERLY FEE 195€

MANDATORY EQUIPMENT

Dobok (White Kimono) mandator

MARTIAL ARTS

We will initiate our little ones in martial arts, combining different types of exercises and disciplines, through play and motivation.

SCHEDULES AND FEES

P5

Tuesday & Thursday from 13:15 - 14:15

QUARTERLY FEE 195€

MANDATORY EQUIPMENT
Dobok (White Kimono) mandator



MULTISPORTS

The objectives pursued within this activity get children to acquire a series of important motor skills through different sports. These skills are: displacements, jumps, turns, boats, passes and receptions, promoting sport as leisure and group work.

SCHEDULES AND FEES

P3 to P5

Monday & Wednesday from 17:15 - 18:15

QUARTERLY FEE

- 1 day a week: 100€
- 2 days a week: 160€

MANDATORY EQUIPMENT

Comfortable clothing similar to our physical education uniform





ROLLER STATING

Roller skating is a leisure activity and a healthy and fun sport practice, which allows for a great improvement in coordination and balance.

Our students will practice these skills by learning different routines and acrobatics on roller skates.

Different technical elements are combined such as jumps, turns, steps, figures on skates usually accompanied by music.

SCHEDULES AND FEES

Roller Skating: P5 - 4th of ESO Tuesday and Thursday from 17:15 - 18:15

Roller Skating 3 (high): Monday and Wednesday from 5:15 p.m. to 6:15 p.m.

Roller Skating Competition (3rd Grade - 4th of ESO

Tuesday & Thursday from 18:15 - 19:15

QUARTERLY FEE

- Roller Skating (all levels): 180€
- Roller Skating Competition: 150€ (Federative fee and extra rehearsals not included)

REQUIRED EQUIPMENT

- Skates 4 wheels
- Protective equipment: Helmet. elbow pads, knee pads and wrist guards)
- Comfortable clothes



RHYTHMIC GYMNASTICS

Rhythmic gymnastics is a sports discipline that combines elements of ballet, dance and gymnastics.

With this activity, bad postures and injuries are avoided and balance is improved. We focus on expressing emotion through routines. Students become aware of the environment and spatial orientation while increasing the speed of their reaction.

SCHEDULES AND FEES:

P5

Tuesday & Thursday from 13:15 - 14:15

1st to 6th GradeMonday & Wednesday from 17:15 - 18:15

QUARTERLY FEE 180€

REQUIRED EQUIPMENT

- Mandatory school maillot (can be purchased in the school store)
- Gym shoes
- Collected hair





DANCE

Ballet, creative dance, modern dance, music and movement, urban dance, contemporary dance, classic dance, jazz.

BALLET & CLASSICAL DANCE

Ballet is a classical dance whose representation takes place in a group way on a stage.

It is a very positive activity for the mental and physical growth of children.

It helps maintain correct posture, increase flexibility and stimulate the respiratory system.



SCHEDULES AND FEES

Ballet Beginners (P3 and P4) Tuesday and Thursday from 13:15 - 14:15

Ballet 1 (P5) Monday & Wednesday from 17:15 - 18:15

Ballet 2 (1st & 2nd Grade) Monday & Wednesday from 17:15 - 18:15

Ballet Consolidation 1 (3rd & 4th Grade) Monday & Wednesday from 17:15 - 18:15

Ballet Consolidation 2 (5th & 6th Grade) Tuesday & Thursday from 17:15 - 18:15

Classical Dance (5th Grade - 4th of ESO) Monday & Wednesday from 17:15 - 18:15

Choreography (5th & 6th Grade) Friday from 17:15 - 18:15

Pointes (for students in consolidation 2) Tuesday & Thursday from 18:15 - 19:45 Friday from 18:30 - 20:00

OUARTERIY FEE

- Ballet (all levels): 180€
- Pointes: 95€
- Classical Dance: 700€
- Pointes and Repertoire: 700€
- Choreography: 145€

REQUIRED EQUIPMENT

- Mandatory school maillot (for sale in school store)
- Ballet shoes
- Salmon tights
- Items for top bun (rubber, bobby pins, bun net and comb)

CONTEMPORARY DANCE

This is a dance class designed to express an idea, a feeling, an emotion, like classical ballet, but by mixing in different body movements typical of the twentieth and twenty first century.

SCHEDULES AND FEES

3rd Grade to 4th of ESO Tuesday and Thursday from 17:45 - 18:15

QUARTERLY FEE 275€

REQUIRED EQUIPMENT

- Maillot
- Leggings
- Hair band

MODERN DANCE

In this activity, we will learn choreography and movements to the latest songs. Modern dance promotes physical exercise, coordination, and musicality.

SCHEDULES AND FEES

P5: Monday and Wednesday 13:15 - 14:15 3rd to 6th Grade: Tuesday from 14:00 - 15:00

QUARTERLY FEE

P5: 180€ (2 days a week) Primary: 120€ (1 day per week)

REQUIRED EQUIPMENT:

- Maillot
- Leggings
- Hair band



URBAN DANCE

Urban dance is undoubtedly an empowering activity. Improved memory at all levels.

In all urban dances there are choreographies to learn, movements to assimilate and repeat, all with modern music and different urban styles.

SCHEDULES AND FEES

1st to 6th Grade Tuesday & Thursday from 17:15 - 18:15

QUARTERLY FEE

• 180€

REQUIRED EQUIPMENT

- Comfortable clothes
- Socks
- Rubber band

JAZZ

Jazz is a dance discipline that combines different techniques such as ballet, contemporary, and modern dance.

Jazz dance is a unique way to merge genres and express yourself openly. Apart from the many benefits of jazz dancing, it is also a source of fun.

SCHEDULES AND FEES

1st & 2nd Grade Monday & Wednesday from 17:15 - 18:15

5th Grade - 4th of ESO Monday & Wednesday from 18:15 - 19:15

QUARTERLY FEE 180€.

REQUIRED EQUIPMENT

- Comfortable clothes
- Socks
- Rubber band



ART& THEATRE

Theatre, art project, music and movement, school choir, art and design, and so much more!

ART & DESIGN

We will work with different artistic proposals and each project will begin with a critical reflection by the students themselves: How do I feel? What do I want to transmit to the world? What am I looking for as an artist?

Without a doubt, this is an activity in which we will stir up feelings and express them using different techniques that we will be exploring throughout the course.

SCHEDULES AND FEES

Monday from 17:15 - 18:45

QUARTERLY FEE:

- 160€
- 30€ (annual payment for material)

REQUIRED MATERIAL

• Apron

ART PROJECT

Plastic expression becomes a fundamental language that children use to express themselves.

Projects of different techniques will be proposed, from classics such as tempera painting or crafts, to more innovative ones such as "Frottagge" or ... painting blowing!

SCHEDULES AND FEES

P3 to P4

Tuesday and Thursday from 17:15 - 18:15

P5

Monday and Wednesday from 17:15 - 18:15

QUARTERLY FEE

180€

30€ (annual payment for material)

REQUIRED MATERIAL

• Paint gown/apron



COMIC CORNER

We create stories through drawing! We introduce you to the world of comics and manga by creating characters, comics and illustrations. We will encourage imagination and the expression of ideas and we will work on the illustration of the story with different techniques and adapted to all levels.



SCHEDULES AND FEES

3rd & 4th Grade Wednesday from 17:15 - 18:30

QUARTERLY FEE 160€.

THEATRE

SCHEDULES AND FEES

P3 & P4

Monday and Wednesday from 13:15 - 14:15

P5 - 6th Grade

Tuesday & Thursday from 17:15 - 18:15

1st 4th Grade

Monday from 14:00 - 15:00

5th & 6th Grade

Wednesday from 14:00 - 15:00

QUARTERLY FEE

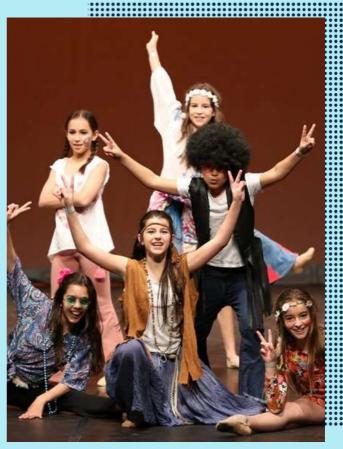
1 day per week: 120€ 2 days per week: 180€ Theatre and drama have so many benefits for students. Students work on their self-confidence, values, and experience new feelings, as well as improve their communication skills and awaken their imagination.

We offer this activity for different age groups. Theatre is one of the best options to awaken curiosity about the arts and culture.

MUSIC AND MOVEMENT

With this activity, our youngest students will connect with music and body movement, encouraging their spontaneity and exploring a multitude of rhythms, making it a fun and creative activity.





SCHOOL CHOIR

Do you like to sing? This is your chance and have your fabulous voice heard! Join the school choir and enjoy learning to sing in a group.



SWEET HOME

Montessori style activity in which students will play free games and where they are encouraged to think and act by themselves: costumes, cooking, stories, games. All with the supervision and guidance of a monitor. It will feel like home!



JOURNALIST



We will become reporters every week with this activity, designing our own informative magazine or television channel.

Students will become more aware of the world around them and engage in items that interests them most through research.

Journalist helps students improve their oral and writing skills, deepen their imagination and creativity, and foster teamwork.





TECHNOLOGY AND ROBOTICS

Fun science, robotics. coding, virtual reality activities!

COMPUTER CODE AND VIRTUAL REALITY CLUB



In this activity we introduce students to the world of programming and web development, finally being able to create their own video games.

SCHEDULES AND FEES

1st to 4th ESO Wednesday from 17:15 - 19:00

QUARTERLY FEE

• 285€

ROBOTICS

in this activity, we work on robotics from an educational point of view, with a great diversity of materials (Lego Wedo robots, Mindstorms, m. Bot, etc). We learn to program various machines and video games in a fun and playful way.

SCHEDULES AND FEES

1st to 4th Grade Tuesday from 17:15 - 18:30

5th & 6th Grade Wednesday from 17:15 to 18:45

QUARTERLY FEE

- 190€
- 35€ per year for material





Individual and group music lessons.

MUSIC LESSONS

Activity	Grade	Quarterly fee	Timetable
		180€	30min a week
Instrument	P3 to Baccalaureate (Private lessons)	270€	45min a week
		360€ 1 hour a week	
Group Guitar	1st grade to Baccalaureate (from 2 to 4 students)	150€	1 hour a week
Combo (musical ensemble)	1st Grade to 4°ESO (from 4 to 6 students)	90€	1 hour a week
Woodwind and Brass (trombone, trumpet or sax)	3rd to 6th Grade (from 3 to 5 students)	90€	From 14:00 to 14:45 • Tuesdays: 3rd & 4th Grade • Wednesdays: 5th & 6th Grade

Music lessons are offered to all students.

Please email extracurriculars@hamelinschool.com to arranage a time and day that suits your child best.



5 LANGUAGE SCHOOL

LANGUAGE SCHOOL

PRIVATE LESSONS OF ALL LANGUAGES AND ALL LEVELS Convenient times. Prices on request.

ENROLLMENT:

- Former students of the language school: free.
- New students of the language school: 55€/year.

20% discount on enrolment for parents of students in the school and Montgat residents.

Group activities	Course	Quarterly fee	Timetable
German, Chinese or Italian (Beginner)	P4 & P5	210€	Mondays & Wednesdays 13:15 - 14:15
English (Beginner)	P3 to P5	210€	Tuesdays & Thursdays 13:15 - 14:15
French (Beginner)	P4 & P5	210€	Tuesdays & Thursdays 13:15 - 14:15
English, French, German, Chinese, or Italian (Beginner)	1st to 3rd grade	210€	Mondays & Wednesdays 17:15 - 18.15
English, French, German, Chinese, or Italian (Intermediate)	4th to 6th grade	210€	Tuesdays & Thursdays 17:15 - 18:15
English, French, German, Chinese, or Italian (Advanced)	ESO and BACC	210€	Friday 16:00 - 18:00



A NORD ANGLIA EDUCATION SCHOOL

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in Hamelin-Laie International School



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